



FOR IMMEDIATE RELEASE

Bayshore Home Health opens second office to meet growing home care needs of Ottawa community

--Services include in-home nursing care, personal care, home support and more--

Ottawa, Ont., Sept. 9, 2008—Bayshore Home Health, Canada’s largest provider of home and community health care services, announced today the opening of a second office in Ottawa.

This new office will focus on providing service directly to the public and to people receiving care through insurance providers and workers’ compensation boards. It will also work with clients who have access to non-Community Care Access Care (CCAC) government funding. Bayshore’s existing location in Ottawa will continue to serve mainly CCAC clients who receive government-funded care.

“Bayshore Home Health’s goal is to provide a high level of care that’s designed for each client’s personal needs,” says Joan Raphael, area director for the new office. “Our services include everything from basic companionship to more complex requirements such as palliative care or helping individuals with acquired brain injury.”

The Bayshore Home Health office is located at 117 CentrepoinTE Drive, Suite 210, and offers easy access to professional home care services that can fill a variety of short- and long-term personal care needs and offer an alternative to institutional care.

“With an aging population there is an increasing need for home care services, yet many people don’t understand the kind of services that home health care provides,” adds Raphael. “This new office helps to raise awareness and understanding of home health care in the Ottawa area. It’s also well situated to serve an older demographic, as well as others who need quality home care services.”

The new Bayshore Home Health office in Ottawa will provide a wide range of services including:

- In-home nursing care including administering medication, advanced foot care, and pain and symptom management.

- Specialized care, including palliative and serious injury care, which is often contracted for clients through insurance companies and workers' compensation boards.
- Personal care and hygiene such as grooming, washing and bathing, basic hand and foot care, dressing and assistance with eating.
- Home support such as light housekeeping, meal preparation and laundry
- Companion services through personal visits to the home to share a cup of tea or go for a walk.

These services allow seniors, individuals living with disability and people with a wide range of acute or chronic care needs to live comfortably in their own homes, preserving their independence and dignity and enhancing their quality of life.

A free wellness clinic will be held on October 1st from 3:00 pm to 7:00 pm at the new Bayshore Home Health office in Ottawa. Members of the community are invited to attend. Free wellness testing will be offered that includes on-the-spot results for blood pressure, blood cholesterol and random glucose levels.

About Bayshore Home Health

Bayshore Home Health has been enhancing the quality of life, dignity and independence of Canadians in their homes since 1966. Canadian owned and operated, it is the country's largest provider of home and community health care services, with more than 40 home care offices, 20 community care clinics and 8,000 employees. Its core services are in-home nursing, personal care and home support – which can be purchased directly by individuals and also accessed through government care programs, personal and group insurance plans and workplace safety insurance. Its caregivers deliver more than 5.2 million hours of home care annually to over 57,000 clients. The company also provides nurse/caregiver staffing services, health education programs and treatments in its community dialysis centres. Through its subsidiary, Bayshore Specialty Rx, it offers specialty pharmacy, infusion clinic and pharmaceutical support services to a variety of health care and pharmaceutical organizations. Bayshore Home Health has been a winner of Canada's 50 Best Managed Companies award since 2006.

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