



FOR IMMEDIATE RELEASE

New home health care office meets needs of local Oshawa community *--Services include in-home nursing care, personal care, home support and more--*

Oshawa, Ontario, Jan. 12, 2007—Bayshore Home Health, Canada’s largest provider of home and community health care services, announced today the opening of a new office in Oshawa, Ontario.

The office is centrally located at 1 Mary Street North to allow local residents easy access to professional home care services. These services fill a variety of short- and long-term personal care needs and offer an alternative to institutional care.

“With an aging population there is a growing need for home care services, yet many people don’t even know that home care exists,” says Diane Moore, area director for the new office. “This new office helps to raise awareness of home health care in Oshawa.”

The new Bayshore Home Health office in Oshawa will provide a wide range of services including:

- In-home nursing care including administering medication, advanced foot care, pain and symptom management
- Personal care and hygiene such as grooming, washing and bathing, basic hand and foot care, dressing and assistance with eating
- Home support such as light housekeeping, meal preparation and laundry
- Companion services through personal visits to the home to share a cup of tea or go for a walk

These services allow seniors, individuals living with disability and people with a wide range of acute or chronic care needs to live comfortably in their own homes, preserving their independence and dignity and enhancing their quality of life.

“The Bayshore Home Health location in Oshawa is well-situated to serve the growing need for quality home care services in this community, including a large number of retired auto workers,” adds Moore. “The office will provide services throughout Durham Region, as well as areas north of it.”

A free wellness clinic will be held on February 15 from 3:00 to 7:00 p.m. at the new Bayshore Home Health office in Oshawa. Members of the community are invited to attend. Free wellness testing will be offered that includes on-the-spot results for blood pressure, blood cholesterol and random glucose levels.

About Bayshore Home Health

Bayshore Home Health, Canada's largest home care and community health care provider, has been delivering services to Canadians since 1966. Canadian owned and operated, with more than 35 offices and 5,000 caregivers across the country, the company's primary services are in-home nursing, personal care, support and companion services. These services can be purchased privately by consumers and in many cases are funded by government care programs, personal and group insurance plans, and workplace safety insurance.

Bayshore Home Health's specialty services include temporary staffing of health care professionals, pharmaceutical product support services, health education programs, community infusion clinics and dialysis centres.

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